



Ver.4

# October Gym Calendar

## Weekday Gym Hours

### Monday - Friday

#### Monday, Wednesday, Friday:

Toddler Club 10am-1pm

#### Monday:

Open Gym Pickleball 1:15pm-3:00pm

#### Tuesday & Thursday:

Open Gym Pickleball 9:45am-11:45am

Open Gym Basketball 12pm-2pm

#### Friday:

Open Gym Soccer 6:30pm-8:00pm

## Weekend Gym Hours

### Saturday - Sunday

#### Saturday:

Open Gym 1pm-8pm

#### Sunday:

Open Gym 1pm-4pm

Open Gym Volleyball 4pm-7pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 6:30-7:30 Core and More Marisa 8:30-9:30- REV+FLOW 9:45-11:45 Pickleball 12pm-2pm Open Gym Basketball	2 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 3:30-6:30 Archery 6:30-7:30- Whole Health	3 6:30 – 7:30 Mountain Mobility Marisa 8:30-9:30- REV+FLOW 9:45-11:45 Pickleball 12pm-2pm Open Gym Basketball	4 6:30 – 7:30 HIIT Marisa 10:00-1:00 Toddler Gym\Tot Club 3:30 – 6:30 Taekwondo 6:30pm-8:00pm Open Gym Soccer	5 Open Gym 1pm-4:30pm  <i>Cinema Night</i> <b>5:30-8:00</b>
6 Open Gym 1pm-4pm  Open Gym Volleyball 4pm-7pm	7 6:30 – 7:30 HIIT Marisa 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 1:15-3:00 Pickleball 3:30-6:30 Archery 6:30-7:30- Whole Health	8 6:30-7:30 Core and More Marisa 8:30-9:30- REV+FLOW 9:45-11:45 Pickleball 12pm-2pm Open Gym Basketball	9 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 3:30-6:30 Archery 6:30-7:30- Whole Health	10 6:30 – 7:30 Mountain Mobility Marisa 8:30-9:30- REV+FLOW 9:45-11:45 Pickleball 12pm-2pm Open Gym Basketball	11 6:30 – 7:30 HIIT Marisa 10:00-1:00 Toddler Gym\Tot Club 3:30 – 6:30 Taekwondo 6:30pm-8:00pm Open Gym Soccer	12 Open Gym 1pm-4pm  <i>Kids Takeover</i> <b>5:00-8:00</b>
13 Open Gym 1pm-4pm  Open Gym Volleyball 4pm-7pm	14 6:30 – 7:30 HIIT Marisa 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 1:15-3:00 Pickleball 3:30-6:30 Archery 6:30-7:30- Whole Health	15 6:30-7:30 Core and More Marisa 8:30-9:30- REV+FLOW 9:45-11:45 Pickleball 12pm-2pm Open Gym Basketball 6:00-7:00- Ski Fitness	16 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 3:30-6:30 Archery 6:30-7:30- Whole Health	17 6:30 – 7:30 Mountain Mobility Marisa 8:30-9:30- REV+FLOW 9:45-11:45 Pickleball 12pm-2pm Open Gym Basketball 6:00-7:00- Ski Fitness	18 6:30 – 7:30 HIIT Marisa 10:00-1:00 Toddler Gym\Tot Club 3:30 – 6:30 Taekwondo 6:30pm-8:00pm Open Gym Soccer	19 Open Gym 1pm-8pm
20 Open Gym 1pm-4pm  Open Gym Volleyball 4pm-7pm	21 6:30 – 7:30 HIIT Marisa 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 1:15-3:00 Pickleball 3:30-6:30 Archery 6:30-7:30- Whole Health	22 6:30-7:30 Core and More Marisa 8:30-9:30- REV+FLOW 9:45-11:45 Pickleball 12pm-2pm Open Gym Basketball 4:00-5:30 Youth Basketball 6:00-7:00- Ski Fitness	23 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 3:30-6:30 Archery 6:30-7:30- Whole Health	24 6:30-7:30 Core and More Marisa 8:30-9:30- REV+FLOW 9:45-11:45 Pickleball 12pm-2pm Open Gym Basketball 4:00-5:30 Youth Basketball 6:00-7:00- Ski Fitness	25 6:30 – 7:30 HIIT Marisa 10:00-1:00 Toddler Gym\Tot Club 3:30 – 6:30 Taekwondo 6:30pm-8:00pm Open Gym Soccer	26 Open Gym 1pm-4:30pm  <i>Family Dance- Halloween Party!</i> <b>5:30-8:30</b>
27 Open Gym 1pm-4pm  Open Gym Volleyball 4pm-7pm	28 6:30 – 7:30 HIIT Marisa 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 1:15-3:00 Pickleball 3:30-6:30 Archery 6:30-7:30- Whole Health	29 6:30-7:30 Core and More Marisa 8:30-9:30- REV+FLOW 9:45-11:45 Pickleball 12pm-2pm Open Gym Basketball 4:00-5:30 Youth Basketball 6:00-7:00- Ski Fitness	30 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-11:45 Totally Toddler Halloween Party 3:30-6:30 Archery 6:30-7:30- Whole Health	31 6:30-7:30 Core and More Marisa 8:30-9:30- REV+FLOW 9:45-11:45 Pickleball 12pm-2pm Open Gym Basketball 4:00-5:30 Youth Basketball 6:00-7:00- Ski Fitness	<p><b>***ATTENTION***</b>  <b>Open Gym:</b>  <b>Basketball</b>            *Evening Hours            Begin: November 4<sup>th</sup>            6:30pm to 8pm            *Mondays and Wednesdays</p>	