



Teton County • Jackson

**PARKS & RECREATION**

*Join In The Fun!*



**SENIOR CENTER**

OF JACKSON HOLE

*Proud to present:*

# Senior Health & Fitness Day

## May 29th 9 am - 1 pm

### - BOOTHS - RAFFLE PRIZES - LUNCH -

Join us for a great day of celebrating active seniors in the community!

- 9 am–10 am** Try a water fit class at the Rec Ctr. No charge for seniors, 60+!
- 10:30 am–12:30 pm** Fitness Sampler Stations and Booths in May Park  
*Featuring Rec Ctr and Sr Ctr instructors, chair massage, blood pressure checks, Medicare Assistance, and ebike demos !*
- 11 am–1 pm** Vaccine Clinic Provided by Public Health @ the Sr Ctr  
*Pneumonia and Tetanus boosters available! Bring your vaccination records and insurance information.*
- 12 pm–1 pm** Lunch at the Sr Ctr sponsored by Rocky Mountain Bank!  
*Turkey Club Sandwich with sides - No charge for seniors, 60+*



ROCKY MOUNTAIN BANK